## **Oxton St Saviour's**

## **CE Aided Primary School**

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Headteacher: Mr A Ramsden BEd Hons, NPQH

March 2024

Dear Parent/Carer,

We are excited to announce the introduction of a new PSHE (Personal, Social, and Health Education) Programme at our school called Jigsaw – a mindful approach to PSHE.

This initiative will be launched this term and fully implemented from September. The programme aims to enhance children's emotional literacy, self-esteem, and understanding of themselves, their relationships, and the world around them in a positive and healthy manner. Additionally, we will explore concepts such as Jigsaw Friends and incorporate Calm Me time into our routine.

The Summer Term curriculum will focus on two main units: Relationships (unit 1) and Changing Me (unit 2). The Changing Me Puzzle will include 2 or 3 lessons in each year group to help children comprehend the changes brought about by puberty and understand human reproduction. It's important to note that there is a significant safeguarding aspect to this curriculum. While younger year groups will not directly address these topics, they will learn correct terminology for body parts and lay the foundation for future learning. More detailed discussions on puberty and human reproduction will occur in Years 5 and 6.

Given that these materials are new, we warmly invite you to attend a session at the school where we will provide a transparent and comprehensive overview of what we plan to teach in each year group. If you would like to attend this meeting please copy the following link and complete the registration form: https://forms.gle/F9kvwHpikA2tWXJg6

## Date: Wednesday, 24th April 2024 Time: 5:00 pm Venue: School Hall

We believe that this work is crucial for children's development and must be conducted in an age-appropriate manner. The Jigsaw Programme provides us with a secure framework to achieve this goal.

While we are committed to this programme, we also value collaboration with parents and carers. It's important for you to be aware of your legal right to withdraw your children from certain aspects of this work. Relationships Education and Health Education are mandatory for all primary schools, but we want to ensure that you understand the curriculum we intend to teach, why it's important, and the areas from which you can withdraw your children if necessary.

We hope that, like us, you recognize the educational value of the Jigsaw materials and their benefits in safeguarding our children. We look forward to sharing them with you and addressing any questions or concerns you may have.

Yours sincerely

Chulkingon

Mrs Wilkinson (PSHE lead)

