





When your child starts primary school there are a number of skills that they should ideally have mastered. Use this sheet as a guide to help track their progress.

Self-care

I know when to wash my hands
I can wipe my nose
I can ask for help if I don't feel well

Speaking & literacy

I am interested in reading stories & looking at picture books
I am able to talk about myself, my needs & feelings
I am practising recognising my name when it's written down

Getting dressed & undressed on my own

- I can button & unbutton my clothes
- I can put my own shoes & socks on
- I can put my coat on & use a zip

Interest in the world & new activities

 I enjoy learning about the world around me
 I am interested in exploring new activities or environments
 I like asking questions

Eating

I can use a knife & fork
I can open my packed lunch on my own
I am confident at opening wrappers & packaging

Writing skills

I like tracing patterns & colouring in
I enjoy experimenting with different shaped scribbles
I am practising holding a pencil

Going to the toilet

I can go to the toilet on my own, wipe myself properly & flush
I can wash & dry my hands without any help

Independence

I am happy to be away from my mummy, daddy or my main carer
I am happy to tidy my belongings & look after my things
I am feeling confident about starting school

Listening & understanding

I am able to sit still and listen for a short while
I can follow instructions
I understand the need to follow rules

Sharing & turn taking

- I can share toys & take turns
- I can play games with others
- I can interact with other children

Counting skills

I enjoy practising counting objects
I like saying number rhymes & playing counting games
I can recognise some numbers

when they are written down

Routines

 I have practised putting on my uniform & getting ready to leave on time

• I have a good bedtime routine so

- I'm not feeling tired for school
- · I'm learning to eat at the times I will on school days

